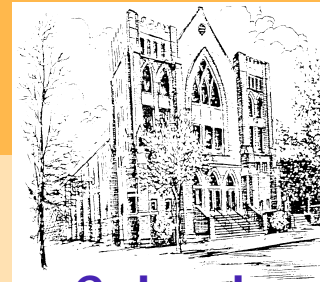


Highlands Highlights



September - October 2011

Church Charge Conference – Mark Your Calendars

The annual business meeting of our church is an important event in the life of our community. The chairpersons and leaders of all ministries are asked to attend. All are welcome to attend to learn more about the vision for Highlands UMC.

Date & Time: Saturday, November 5, 2011 9:00 a.m. – 11:00 a.m.

Location: Church

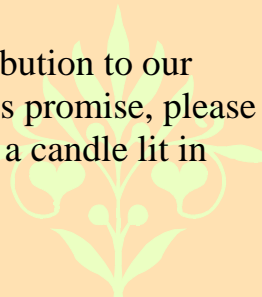
For more information contact Pastor Betty or Pastor Kerry

World Communion Sunday is October 2

A celebration of the body of Christ as the world unites around the communion table

All Saints Sunday – November 6, 2011

Our worship will focus on the Saints of the church and their contribution to our history. If you have a loved one that has died and gone on to God’s promise, please submit his or her name to the church. Each name will be read and a candle lit in remembrance.



AED & CPR Training

Highlands UMC has been awarded a grant for a defibrillator from The American Red Cross. Training is mandatory before we receive the machine. The staff will be trained and we invite any of you that would like to be trained to attend. The cost is \$50 per person which includes a two-year certification, materials and instructor’s fees. We encourage all ushers to attend.

Date & Time: Monday, September 19 6:00 – 9:00 p.m.

Location: Church

Contact Information: Pastor Betty or Pastor Kerry

Note: We are required to have ten people trained to receive the machine. The Red Cross requires the number of attendees therefore **an RSVP is necessary** for attendance. Please let us know as soon as possible.



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A word from Pastor Betty

Dear Friends In Christ:

The past month has brought new challenges to our family. Our daughter Heather came for a visit and while here was hospitalized for multiple pulmonary embolisms in her lungs. This diagnosis has changed her life forever and given us all pause.

There is nothing in heaven and earth that can stop a person their tracks like health issues. As we grow older, we understand the value of a healthy life. It is more precious than gold (even if gold is above \$1700).

What is also obvious at the time of illness is the importance of a faith community. I have heard from many of you that you are praying for us. Your cards and emails and inquiries all say “you matter” and “you are loved.”

Our spiritual health is as important as our physical and emotional well-being. Being grounded in God’s love expressed to us through Jesus Christ, guides each of us to care and remember one another in special ways.

If I could, I would trade places with Heather. She knows that and understands because she is a mother also. But I can’t. But I can embrace her life within my life and uphold it with prayer and offers of love and support.

We all have our struggles. Some of us would change places with someone we love in a New-York-Minute. But we can’t. But let us embrace the pain and challenges, the joys and sorrows of one another and love each other into well-being.

Heather and Halie thank all of you for your prayers. Lance and I and our other daughters thank you also. You remind me of why I wanted to be a minister. You remind me why I am a Christian.

Grace and peace,



Pastor Betty



Green Team

Season of Creation

This September, Pastor Betty and Pastor Kerry are working with members of the Green Team to plan a four-week celebration of the Season of Creation. This is a relatively new season in the liturgical year, and highlights our congregation's focus on caring for the earth from both a theological and a practical perspective. Our themes include:

- September 4: Earth
- September 11: Humanity (including a remembrance of the 10th anniversary of 9/11/2001)
- September 18: Sky
- September 25: Mountain

We have some creative and exciting elements planned for worship during this month. The Green Team will present practical tips and suggestions on ways you can help the planet through bulletin inserts and coffee hour displays. In Scripture, song, prayer, and practice, we will seek to honor God the Creator by caring for all of God's creation. Please plan to join us, and invite your friends!

Green Team

The Green Team has been meeting throughout the summer, and has identified a number of opportunities for Highlands UMC to learn and act on behalf of God's creation. Check out our new page on the HUMC website (<http://highlandsumc.com/green>), and keep an eye on the green section of the 1st- and 2nd-floor bulletin boards for more information and resources!

Household Chemical Roundup

The City of Aurora will be collecting household chemicals that are normally difficult or dangerous to dispose of at 13645 E. Ellsworth on Saturday, September 10 (eligible items listed at <https://www.auroragov.org/stellent/groups/public/documents/article-publication/428545.pdf>). Ordinarily, this event is open only to Aurora residents, but Dave Raymond plans to volunteer at the event, and so can bring a carload of appropriate items to dispose of. Dave is willing to take items from other church members with him, and will be at HUMC **Friday evening, September 9, from 6:00 to 7:00 pm**, if you want to bring your old motor oil, antifreeze, turpentine, varnishes, glues, pesticides, fertilizers, roach/ant killer, cement, household or vehicle batteries, tires (\$3 charge per tire), or other items from the list.

Canning Class

If your tomato plants are producing more enthusiastically than you expected, come and learn how to "put up" your produce to enjoy in the winter months! Sonya Hamilton will teach the basics of **canning tomatoes and making fruit jelly** on **Saturday, September 17, 9 am – 11 am**.

Freezing Tomatoes

1. Choose firm, ripe deep red tomatoes
2. Blanch tomatoes in boiling water for 30 seconds to loosen skin
3. Shock tomatoes in ice water to stop them from cooking
4. Remove the peel, place tomatoes in air-tight freezer bag or container and store in freezer
5. Thaw and use in recipes especially soups and sauces

**** The above process can also be used for garden fresh green beans**

What to Do With All That Zucchini?

Grate zucchini and place in freezer bags, store in freezer



Senior Women's Affinity Group – “The Golden Girls”

This gathering of women will meet monthly in the homes of the members for fellowship and spiritual support. A light dessert will be served.

Date & Time: Thursday, September 15 at 2:00 p.m.

Location: Home of Margaret Burn
2820 Utica St.
Denver, CO 80212

Phone: 303-455-2788

For more information contact Pastor Betty or Pastor Kerry



Affinity Group for Families with Children 18 and under

A gathering of parents, grandparents and children at Pastor Betty and Lance's home. Pastor Betty and Pastor Kerry will host a fun gathering where you can meet new friends and connect in new ways. There will be activities for the kids and a cookout.

Date & Time: Saturday, September 10, 2:00 p.m.

Location: 11070 W. 23rd Avenue Drive
Lakewood, CO 80215

Contact Information: Pastor Betty or Pastor Kerry

Note: Please RSVP to the church or Pastor Betty if you have not already done so. If you can bring a side dish or dessert, please let Pastor Betty know.

Women's Affinity Group

A new group for women of all ages and stages is beginning in September. The gathering will meet monthly and will meet in members' homes for fellowship, prayer and spiritual support. A light dessert will be served.

Date & Time: Thursday, September 22 6:30 p.m.

Location: Home of Mona Ontaneda
3730 W. 46th Avenue
Denver, CO 80211

Contact Information: Mona mnjalsal@comcast.net, Pastor Betty or Pastor Kerry

Affinity Group for Gay, Lesbian, Transgendered & Bisexual Persons & Friends

Our Reconciling Congregation is forming a new ministry to support and educate our congregation. If you identify as a GLBT person or a friend and advocate, this new ministry needs you. The gathering will take place in the homes of the members.

Date & Time: Monday, September 26 6:30 p.m.

Host: Jeannie Losh

Location: Home of Esther Campbell
4128 W. 50th Avenue
Denver, CO 80212

Contact Information: Jeannie Losh j.losh@yahoo.com



Book Club

An informal gathering of people interested in discussing Rob Bell's Love Wins, a study of what happens when we die and questions of heaven and hell. All are welcome!

Date & Time: First meeting Thursday, September 1 at 6:30 PM

Location: Church

Contact Information: Carolyn Conley cconley365@gmail.com or Pastor Betty

Note: The group may meet more than once to discuss the book and will decide if an ongoing Book Club is desired

Men's Group

A gathering for men of all ages and stages. The group meets the second Thursday of the month in members' homes for fellowship, prayer and spiritual support. A light dessert is served.

Date & Time: Thursday, September 8, 7:30 p.m.

Location: Home of Jeff Hirota
3172 W. 40th Avenue
Denver, CO 80211

Contact Information: Michael House mehousept@comcast.net
or Jeff Hirota jeffreyhirota@comcast.net



Work Day – Come To Help Spruce Up the Fellowship Hall and Kitchen

If you can clean or paint or fix, our church is need of your skills. This effort is to prepare our church for hosting the annual Northwest Denver CROP Walk.

Date & Time: Saturday, September 24 9:00 a.m. – 12:00 p.m.

Location: Church

Contact Information: Matt Chiodini MChiodini@ShearsAdkins.com or
Pastor Betty



Sunday, September 25th: Highlands in the Hills

To celebrate the culmination of our Season of Creation with "Mountain Sunday," we invite everyone to head up to the foothills together for a church picnic for all ages, and light hike for those interested and able. This will be instead of coffee hour that Sunday; wear your outdoor clothes to church (or bring them along), and we'll have a grand old time! Location TBA - watch your email & bulletin announcements.



July - August 2011

MISSIONS

ICE CREAM SOCIAL

The Missions Committee is hosting a Back-to-School Ice Cream Social on September 18th after church. Please join us for an ice cream bar with all of your favorite toppings! We'll be accepting donations for UMCOR School Kits to help children around the world, many of whom go to school in tents or outside and do not have adequate supplies.



blunt scissors-rounded tip only, no plastic scissors please

pads of paper -spiral or top bound pads, 150 sheets of loose leaf can be substituted for 1 pad

hand held pencil sharpener -must be at least one inch long

30 centimeter ruler

unsharpened pencils

2 ½ inch eraser

24 count box of crayons

14"x16" cloth bag -home made or purchased bags are both acceptable, heavy duty fabric only- denim, corduroy, drapery fabric etc. closures are optional but must be buttons, snaps or Velcro sewn in middle of opening if used

UMCOR asks that none of the items have advertisements, religious, patriotic, military or camouflage symbols (cartoon characters are fine though). As always, we also accept checks/cash.

CROP Walk -- "We Walk Because They Walk"

Highlands UMC is hosting the Northwest Denver CROP Walk this year. The Missions Committee invites everyone to participate in either the set up and running of the event or to walk to raise money for the food banks of Northwest Denver and projects of hope around the world.

Date & Time: Saturday, October 15 8:00 a.m. – 1:00 p.m.

Location: Church and Northwest Denver neighborhood

Contact Information: Sheena Lodar highlandsumc32@aol.com,

Abbie Spengler abbiemitch@aol.com or Olivia Hirota olivvyamarie@gmail.com



Urgent Appeal from UMCOR West (Salt Lake City)

From Rev. Brian Diggs, Director of UMCOR West

On May 31, United Methodist Committee on Relief's West Office and Depot celebrated its second anniversary. During these two years, groups from all over the United States have come to the depot to volunteer for a week at a time to build disaster relief kits. The kits are then sent all over the world to the most vulnerable populations. This spring and summer, UMCOR West has welcomed record numbers of volunteers, our facility will be filled to capacity until the middle of November. In short, this new ministry here, in the Western Jurisdiction of the UMC, is booming beyond expectation.

With this increase in volunteerism comes a unique problem; namely, **our supplies for building UMCOR disaster relief kits are quickly disappearing**. It should be noted that all of our supplies come from the generosity of ordinary United Methodists in churches across the country. These supplies are collected at local churches and sent to us at UMCOR West. Congregation members may also give to Advance # 901440, which allows both UMCOR West Office and Depot and UMCOR Sager Brown to buy in bulk.

Please consider helping UMCOR West further our efforts by sending completed kits and partial kits to us at UMCOR WEST, 1479 South 700 West, Salt Lake City, UT, 84104 or, by supporting our purchasing of supplies by using the **Advance #901440** at advancinghope.org. Currently, we are in need of School Kits, Health Kits, and Layette Kits. Thanks in advance for your generosity!



Music Ministry

Choir rehearsals are starting up again, **Wednesdays from 7:00 to 8:30 pm, August 31st through May 27th, 2012**. If you enjoy singing and would like to share your voice in worship, please contact Pastor Kerry. No experience necessary!

We also have a need for **instrumental musicians** from time to time. Pastor Kerry is compiling a list of folks who would be willing to play in worship (either as a solo, band, or small ensemble); please let her know if you have a hidden talent!

Urban Academy

Beginning in early 2012, the Denver Metro District of the Rocky Mountain Conference (UMC) will host an Urban Academy, a two-year leadership development and ministry planning program. Teams of clergy and laypeople from several churches across the region will come together three times a year to learn more about the theology and practice of ministry in an urban setting, and to develop a ministry plan for their churches that seeks to increase connections with the community.

Sessions take place **January 27-28, May 18-19, and September 21-22, 2012**. Pastor Betty and Pastor Kerry are both on the Design Team, and the first session, focusing on Urban Theology and Evangelism, will take place at Highlands UMC. **We are seeking 3-8 laypeople from Highlands** to participate together with Pastor Betty and Pastor Kerry in this process that will develop a vision and a plan for ministries in the coming years. Contact either of the pastors or visit <http://rmcurbanacademy.blogspot.com> to learn more.



SEPTEMBER 2011

SUN MON TUE WED THU FRI SAT

					1 6:30 Book Club	2	3
4 10:00 Worship Season of Creation Earth	5 Labor Day Office Closed	6	7 7:00 Choir	8 7:30 Men's group	9	10 2:00 Affinity group Families	
11 10:00 Worship Season of Creation Humanity	12	13	14 7:00 Choir	15 2:00 Affinity group Senior Women	16	17 9:00 – 11:00 Canning Class	
18 10:00 Worship Season of Creation Sky Ice cream social	19 6:00 AED & CPR Training	20	21 7:00 Choir	22 6:30 Affinity group Women	23	24 9:00 – 12:00 Workday	
25 10:00 Worship Season of Creation Mountain	26 6:30 Affinity group LGBT	27	28 7:00 Choir	29	30		

OCTOBER 2011

SUN	MON	TUE	WED	THU	FRI	SAT
2 10:00 Worship World Communion Sunday	3	4	5 7:00 Choir	6	7	1
9 10:00 Worship	10	11	12 7:00 Choir	13 7:30 Men's group	14	15 8:00- 1:00 Crop Walk 
16 10:00 Worship	17	18	19 7:00 Choir	20	21	22
23/30 10:00 Worship	24/31	25	26 7:00 Choir	27	28	29

Highlands United Methodist Church

3131 Osceola street
Denver, CO 80212

Phone: 303-477-5857

Fax: 303-477-4274

E-mail: highlandsumc32@aol.com

Rev. Dr. Betty J. Bradford, Senior Pastor

Rev. Kerry Greenhill, Associate Pastor

www.Highlandsumc.com



Open hearts. Open minds. Open doors.

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